School Counselors Matter in Maryland

School counselors can play a critical role in making sure that students receive opportunities to have safe, enriching experiences in and out of school, and in helping to prepare students for postsecondary success. Our school counselors fact sheet paints a clear picture: In too many states, students — particularly students of color and students from low-income families — do not have enough access to school counselors. But what about Maryland specifically?

There are not enough school counselors; the school counselors who are available are not allocated equitably across all schools, but are allocated roughly equally across high schools.

ADEQUACY: ARE THERE ENOUGH SCHOOL COUNSELORS?

The American School Counselor Association recommends that schools maintain a ratio of 250 students per school counselor. Schools in Maryland do not have enough school counselors.

- Across all schools, the average student-to-school-counselor ratio is 389:1.
- Across all schools, about 1 in 20 students — nearly 42,000 children — do not have access to a school counselor at all, and almost 3,000 of those students do not even have access to other school support staff, such as school psychologists or social workers.
- Across high schools, the average student-to-school-counselor ratio is 294:1.
- Across high schools, 20 percent of students are enrolled in a school where there is a sufficient amount of school counselors. This means there are nearly 200,000 students who are enrolled in a school without enough school counselors.

EQUITY: ARE STUDENTS OF COLOR AND STUDENTS FROM LOW-INCOME FAMILIES GETTING THEIR FAIR SHARE?

Across all schools, Maryland is shortchanging its students of color and students from low-income families by providing fewer school counselors in schools with more of these students. However, at the high school level, students of color and students from low-income families have similar access to school counselors as their peers.

Source: The Education Trust analysis of data from the 2015–16 Civil Rights Data Collection and the 2015–16 Common Core of Data.